

## **Veggie Bars**

2 packages crescent rolls – Unroll & flatten on a 12” x 18” cookie sheet. Bake @ 375 for 8-10 minutes, cool.

Cheese Spread: Mix 1 package cream cheese, a spoonful of plain yogurt or sour cream to lighten; add blue cheese, dill, Italian herbs, lemon juice, Worcestershire sauce and 2 cloves minced garlic all to taste.

Spread cheese mixture on cooled pastry crust. Top with 2-3 cups (total) of finely chopped or grated raw vegetables (broccoli, red bell pepper, red onion, parsley, mushrooms, carrots, zucchini, radish).

Cover with plastic wrap and gently press the veggies into the cheese mixture. Refrigerate 2 hours to overnight (depending on veggies used). Cut into small squares.